

Lesson 7

add to
day after day
go through
have to
hit upon

in short
of one's own accord
once and for all
give rise to
resign oneself to

❑ **add to** = make larger; increase

The flooding only added to the problems caused by the storm.

The new research will add to our understanding of genetics.

A: Mom, why are you giving me your dirty socks?

B: I want to add to your collection.



Eating lots of chocolate will only add to your acne problem.

❑ **day after day** = every day for a long time

Day after day, she waited for a letter, but none came.

He walked past the house day after day without really noticing it.

A: How can that old man just sit in the park day after day?

B: That's a statue.



□ **go through** = experience something unpleasant

He went through some medical tests last week.

When we travel, we always go through the same argument about where to stay.

A: Let's go on the roller coaster one more time!

B: No thanks. I don't want to go through that again.

She went through a stressful time last year.



□ **have to** = must

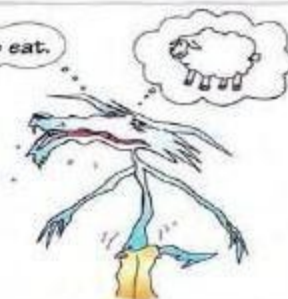
We have to buy more bread.

I have to finish this paper by Monday.

A: Can you go to the movies with me?

B: Sorry. I have to babysit tonight.

I have to eat.



□ **hit upon** = suddenly think up

I hit upon a great idea for Amy's party while I was walking to school today.

How old was Einstein when he hit upon the idea of relativity?

A: This banana pizza is delicious!

B: Thanks. I hit upon the idea while at the zoo yesterday.

He hit upon a great idea for a birthday gift.



□ **in short** = briefly; in summary

In short, I believe everyone should vote against the new tax.

In short, I don't want to work here any more.

A: What did you think of the movie?

B: Well, in short, it was the worst movie I've seen this year.



He's cute, funny, rich, and single. In short, he's perfect!

❑ **of one's own accord** = without being asked

My brother decided to clean the house of his own accord.
Her parents were going to tell her to get a job, but she got one of her own accord.

A: Did you put the cat outside?

B: No, he opened the door and went out of his own accord.

He washed the dishes of his own accord.



❑ **once and for all** = forever; for good; finally

I am going to get rid of those cockroaches once and for all!

He decided to stop smoking once and for all.

A: Where are you going with that hammer?

B: I am going to make that car alarm stop once and for all!



He decided to take care of his nose-hair problem once and for all.

❑ **give rise to** = cause something to happen

The meeting gave rise to some new plans for the future of the company.

The heavy rain gave rise to an increase in the number of mosquitoes.

A: I don't think we should leave the dog and cat alone together.

B: You're right. It could give rise to problems.

Your new hair style might give rise to some problems.



❑ **resign oneself to** = accept a situation as unchangeable

She resigned herself to working in her father's company.
You don't have to resign yourself to the same kind of life your parents had.

A: Aren't you upset about your test score?

B: No. I just resigned myself to being a poor student!



He resigned himself to working at the amusement park because he needed the money.

Practice

Choose the best answer.

1. He _____ do his homework now because he won't have time later.
a. day after day
b. has to
c. in short
2. In Russia, I found some interesting stamps to _____ my collection.
a. add to
b. go through
c. hit upon
3. He hopes the strong economy will _____ more new jobs.
a. go through
b. of its own accord
c. give rise to
4. The movie was, _____, one of the best films made this year.
a. went through
b. day after day
c. in short
5. She made up her mind, _____, to quit her job and look for a new one.
a. once and for all
b. have to
c. hit upon
6. The company _____ a new way to market its clothes.
a. hit upon
b. went through
c. of its own accord
7. He looks sad because he is _____ a divorce right now.
a. giving rise to
b. adding to
c. going through
8. I want to find a job where I don't have to do exactly the same thing _____.
a. in short
b. once and for all
c. day after day
9. She _____ staying in town during the vacation because she didn't have money to travel.
a. had to
b. resigned herself to
c. added to
10. The lamp fell off the table _____. Nobody bumped it.
a. of its own accord
b. resign itself to
c. give rise to

Dialog

Fill in the blanks.

day after day
once and for all

have to
add to

of your own accord
resign yourselves to

In the car:

Nancy: Mom! Jimmy is touching me!

Mother: Enough! I'm sick of asking you to stop! Can't you children behave _____?

Jimmy: I didn't do anything. She's bothering me!

Mother: _____ it's the same thing! "He's touching me!" "She's bothering me!" Are you going to stop this arguing, or do I ____ stop the car?

Nancy: He started it, mom.

Jimmy: I did not!

Mother: I want you to stop this nonsense, _____!

Jimmy: Nancy better stop it before she makes me really mad.

Nancy: You can't make me.

Mother: That's it! The two of you better _____ a quiet night at home. You're both grounded! No television! No toys! No friends! Nothing. And no more talking or I will _____ your punishment.



Idioms in Context

Read the following story.

My son is *going through* adolescence. With all that is going on in his life, he has a hard time remembering simple instructions. This *gives rise to* some problems.

² For example, Wednesday is the day to wash clothes at our house. My son used to always leave money in his pockets. He never checked his clothes *of his own accord*. *Day after day* I reminded him to do it, but he always forgot. I *resigned myself to* the fact that I'd *have to* keep checking his pockets for him.

³ Then I *hit upon* an idea to put a stop to my son's bad habit *once and for all*. I told my son, "I am going to put any money that I find in your pockets in a jar. When I have collected enough money, you have to use it to take me out to dinner and a movie." *In short*, I wanted to teach my son a lesson in a positive way.

⁴ On the next Wednesday, I looked into my son's room. He didn't see me. I watched him sit down on his bed and check all of his pockets for money. He took a few coins out of his pants. I was so happy! However, to my surprise, my son put the coins back into the pocket. Then stood up and got his wallet out of his bag. He took out a dollar bill and *added it to* the coins in the pocket on purpose! I never thought he wanted to take his mother to dinner and a movie. I was flattered!

