

Soul Mates



Pre-Reading

A. Warm-Up Questions

1. Do you believe in soul mates?
2. Have you met your soul mate?
3. Do you dream about your soul mate?
4. What questions might be in a quiz about soul mates?

B. Vocabulary Preview

Match the words on the left with the correct meanings on the right.

- | | |
|--------------------------------|--|
| ___ 1. destined | a) able to get along very well |
| ___ 2. compatible | b) to see in one's mind, to envision |
| ___ 3. ideal | c) meant to have a certain future (arranged by a force such as God or the stars) |
| ___ 4. passionate about | d) very deeply interested in |
| ___ 5. genuine | e) a mini-test, often includes multiple-choice questions |
| ___ 6. picture (<i>verb</i>) | f) real |
| ___ 7. stumbling block | g) perfect |
| ___ 8. obsessed | h) something that prevents a person from achieving a goal |
| ___ 9. quiz | i) always thinking or worrying about |
| ___ 10. regular basis | j) related to the feelings and expressions of love |
| ___ 11. romantic | k) regularly, often refers to a set schedule |

Reading

SOUL MATES

Does each person have one true love?

1. Do you believe in love at first sight? Does every human have a soul mate? A soul mate is a person who was **destined** to be your **romantic** partner for life. You share a very deep love and you are highly **compatible**.
2. Relationship experts say it isn't **ideal** to search for your soul mate. If you are true to yourself, you will meet your soul mate naturally. In other words, hang around people you enjoy and do things you are **passionate about**. Your chances of finding your soul mate will be better if you are living a **genuine** life.
3. Can you **picture** your soul mate in your mind? This might be your **stumbling block**. A soul mate is more likely to appear when you least expect it. You'll know by your heart when you've met him or her. In fact, you may already have met your soul mate. Is there someone from your past who you shared a special connection with?
4. Some people become **obsessed** with finding their perfect match. They take "Are we soul mates?" **quizzes** on a **regular basis**. Do you need a quiz to recognize your soul mate?
5. Some people believe that a soul mate is actually a part of you. Without your "twin flame," you are only half a soul. What is your definition of a soul mate? Is it possible to have more than one soul mate in a lifetime?

"I feel like a part of my soul has loved you since the beginning of everything. Maybe we're from the same star."

—Emery Allen, author

Comprehension

Discuss these questions in pairs, and write the answers in your notebook.

1. How does the reading begin?
2. How is the word "soul mate" defined in the passage?
3. According to the reading, what is the best way to find your soul mate?
4. Why does the passage mention quizzes?
5. What is your "twin flame"?

Vocabulary Review

A. Complete the Sentences

Complete the sentences using vocabulary from page 1.
You may need to change the word forms.

1. My _____ is that I work late hours. I'll never meet my soul mate with this job.
2. Maria is _____ with meeting her perfect man.
I thought Jose was ideal, but she says he's too tall.
3. When I _____ my husband-to-be, he is tall, dark, and handsome.
4. I am beginning to think that I am _____ to be single.
It has been five years since I've been in a relationship.
5. We were _____ when we first met. Now we fight on a regular basis.

B. Odd One Out

Choose the word or phrase that does NOT belong in the group.

- | | | |
|---|--|--|
| 1. a) quiz b) test c) picture d) exam | 3. a) passionate b) interested c) regular basis d) obsessed | 5. a) ideal b) perfect c) ultimate d) romantic |
| 2. a) stumbling block b) romantic c) loving d) attracted | 4. a) stumble b) real c) true d) genuine | 6. a) compatible b) agreeable c) genuine d) well-suited |

Discussion Questions

1. Were humans designed to have one partner in life?
2. Is it possible to fall out of love with a soul mate?
3. Is it a bad idea to marry a person who is not your soul mate?
4. In your opinion, what is the secret to finding a soul mate?

Soul Mates Quiz

Find a soul mates quiz online and take the quiz, or write your own quiz as a class (use about 10 multiple-choice questions).

Listening – Gap Fill

🔊 <http://blog.esllibrary.com/2010/11/03/podcast-soul-mates/>

Fill in the blanks as you listen to the recording.

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3. Can you _____ your soul mate in your mind? This might be your _____ block. A soul mate is more likely to appear when you least expect it. You'll know by your heart when you've met him or her. In fact, you may already have met your soul mate. Is there someone from your past who you shared a special connection with?
4. Some people become _____ with finding their perfect match. They take "Are we soul mates?" _____ on a regular _____. Do you need a quiz to recognize your soul mate?
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1. destined, romantic, compatible
2. ideal, passionate about, genuine
3. picture, stumbling
4. obsessed, quizzes, basis
5. flame, definition

ANSWERS: