



About Page

A. Adele's Blog

Every blog has an About page. This page is usually about the blogger. It is sometimes about the reason for the blog too. Today I am going to tell you a bit about me, Adele!

I am a high school student from Germany, and I write a weekly blog about my life as a student. Sometimes I write about my adventures. I always include a picture. I occasionally write about my part-time job. I am constantly thinking of new topics to blog about. I normally post on Tuesdays, and I usually post in the evening. I rarely write about politics or current events. My blog is an online journal about me. Eventually, I will share it with my own kids.

I always record my blog posts. People can listen to my posts if they are tired of reading. I usually get a few comments. Lately, I've had quite a few comments. Many of my friends follow my blog these days. My dad reads a post now and then.

I hope you'll leave a comment. I'd like to get to know my readers too.

Please read through my archives!

Tags: about, Adele, blogging

About Page cont.

B. Questions

1. Why did Adele add an About page to her blog?

2. What is an About page usually about?

3. What does Adele often blog about?

4. What does Adele occasionally blog about?

5. What does Adele hope to eventually do with her blog?

6. What does Adele always do for people who are too tired to read her blog posts?

7. What does Adele say about comments?

8. Who usually reads Adele's blog?

9. Who reads Adele's blog posts once in a while?

10. What two requests does Adele make at the end of her About page?



Hello, World!

A. Adele's First Blog Post

I am a gymnast. My team is called Flash. We are a coed team. My best event is the floor routine.

We have a competition in Frankfurt today. We have this competition annually. I always get nervous before my event. My coach said not to worry. We practice weekly and are a strong team. Last year, we came in first place. We can do it again this year!

My gym team is staying at a hotel tonight. As always, I am sharing a room with my friend Nina. We are going sightseeing and shopping tomorrow. We always do this after a competition. Then we take the bus home. The bus trip took five hours yesterday because there was an accident on the road. It will probably take three hours tomorrow. This is how long it usually takes. We will probably sleep the whole way home. Wish us luck!

Tags: gymnastics, Frankfurt, competition

Hello World cont.

B. Questions

1. What is this post mainly about?

2. What is Adele doing today?

3. How often does Adele's team go to Frankfurt?

4. How does Adele always feel before her gymnastics competition?

5. Who does Adele always "room" with?

6. Why does Adele's coach tell her not to worry?

7. What happened at this event last year?

8. What does the team always do after the competition?

9. How long does the trip to Frankfurt usually take?

10. Why will the trip home probably be shorter than the trip to the competition?



Life as a Vegetarian

A. Adele's Next Blog Post

One reader left a comment recently. She asked what it's like to be a vegetarian. Here is my response.

I became 100% vegetarian last year. Previously, I also ate hamburgers and chicken. One day, after a gym competition, I decided to give up meat altogether. I enjoy vegetarian soups, salads, and sandwiches. Generally, I eat five small meals a day.

I rarely feel sick to my stomach now that I'm a vegetarian. Before, I felt sick every time I ate meat and exercised. I still crave bacon sometimes, but I never eat it. I usually snack on lots of nuts and dried fruit. Sometimes I eat tofu, but I don't like it. I need the protein, though.

Do you want to become a vegetarian? Buy a good vegetarian cookbook! I sometimes use recipes from newspapers or magazines. I rarely use recipes from the Internet. Website recipes never turn out for me!

Tags: vegetarian, meat, health, question

Life as a Vegetarian cont.

B. Questions

1. Why did Adele choose this topic to blog about?

2. When did Adele become a vegetarian?

3. What was Adele's diet like previously?

4. How many meals does Adele generally eat on a daily basis?

5. What does Adele sometimes crave?

6. What types of snacks does Adele usually eat?

7. What protein-rich food does Adele eat from time to time?

8. What does Adele recommend to new vegetarians?

9. Where does Adele sometimes get vegetarian recipes?

10. Why does Adele rarely use recipes from the Internet?

About You

A. Your Activities

1. What do you usually do on weekdays? _____
2. What do you rarely do on weekdays? _____
3. What do you sometimes do with your friends? _____
4. What do you never do on the weekends? _____

B. Your Club or Team

1. We usually _____ together.
2. We sometimes _____ together.
3. We almost never _____ .

C. Your Diet

1. In the mornings, I eat _____ .
2. I never eat _____ .
3. I sometimes go to _____ to eat _____ .

D. Your Partner

Now ask a partner the questions from Part A.
Write his or her answers in your notebook.