

## Lesson 24

## Going to the Beach

Look at these pictures. Say something about them.



**Anita and her family like to go to the beach.**

On Sunday Anita and her family went to the beach. They drove their car to the beach. It took about an hour to get there. When they got there the beach was crowded. There were many people there. So, Anita and her family had to look for a nice place to sit on the sand. When they found a nice spot they put down a blanket and sat down. The weather was good on Sunday. It was sunny and warm. They all wore hats to protect their faces from the sun. They all wore swimming suits and T-shirts. Everyone remembered to put on sunscreen to prevent sunburn.

At the beach Anita read a book. Her husband and the children played in the water. Anita had prepared a picnic for them to eat at the beach. When everyone was hungry, they opened the cooler and ate lunch. They ate sandwiches, salad, potato chips, and fruit. After lunch they were very full and a little sleepy so they took a nap. In the afternoon they took a walk on the beach. They saw many people there. Some people were swimming. Some were sunbathing. Some were flying kites. Some were playing volleyball. Some were playing Frisbee. The beach is always a very lively place.

They all had a good time at the beach. But when they got home that evening they were all very tired, so they all went to bed early. The children went to bed at nine o'clock. Anita and her husband went to bed at ten o'clock.

**Dialogue: Anita and her husband are talking at the beach.**

**Anita:** *This looks like a good place.*

**George:** *Yes. Let's put down the blanket and the cooler here.*

**Anita:** *It's very hot today and the sun is very bright.*

**George:** *We should all put some sunscreen on.*

**Anita:** *That's right. We don't want to get sunburn.*

**George:** *I think I'll go in the water with the kids. Do you want to come too?*

**Anita:** *No thanks. I'm going to sit here and read my book.*

**George:** *Okay. We should have lunch in a little while.*

**Anita:** *I brought a picnic. I brought sandwiches, salad, potato chips, and fruit.*

**George:** *That sounds great.*

**Anita:** *Be careful in the water.*

**George:** *Don't worry. The kids and I are good swimmers.*

**Anita:** *I know you can all swim very well. But sometimes the waves are big.*

**George:** *You're right. We will all be very careful in the water.*

**Anita:** *All right. Have a good time.*

**George:** *We will. Enjoy your book.*

**Questions:**

1. What did Anita do on Sunday?
2. How did they get there?
3. How long did it take?
4. Were there many people at the beach?
5. How was the weather on Sunday?
6. What did they wear at the beach?
7. Why did they put on sunscreen?
8. What did they do before lunch?
9. What did Anita warn them about?
10. What did they have for lunch?
11. How did they feel after lunch?
12. What did they do in the afternoon?
13. What were the other people doing?
14. How did they feel when they got home?
15. What time did the children go to bed?
16. What time did Anita and her husband go to bed?

**Beach Rules.**

**No camping.**

**No fires.**

**No Frisbee.**

**No volleyball.**

**No alcohol.**

**No dogs.**

**No swimming after dark.**

**Look at this sign of beach rules.**

**Do you think these regulations are reasonable? Why?**

**What other rules should be on the sign? Why?**

**Activity: Going To the Beach**

You and your family are going to the beach. Make a list of 10 things you will take. Write down why you need to take each thing.

Item to take	Why do you need it

Plan an activity schedule for a day at the beach. Write down what you will do. Begin in the morning and finish in the evening. Write eight things.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

### Discussion Questions:

1. Where is the nearest beach to your house? Do you ever go there? Why?
2. Where is there a nice beach? Do you ever go there? Why?
3. What do people like to do at the beach? See if you can make a list of at least ten things. Which of these do you like to do?
4. Why are some beaches dirty?
5. What kind of litter and garbage can you see at the beach?
6. How can people help to keep the beach clean?
7. Do you think it's important to keep the beach clean? Why?
8. Can you swim? Where did you learn? Where do people learn to swim?
9. Do you prefer to swim in a swimming pool or in the ocean? Why?
10. What are some other places people can go swimming in?
11. What kinds of animals live in the ocean?
12. What other things can you see in the ocean?
13. Do you like seafood? What kinds do you prefer? How often do you eat seafood? Which places have good seafood?
14. Where do you usually eat seafood? Do you know any famous or popular seafood restaurants?

### Grammar Focus: Fill in the blanks with the past tense verb.

At the beach Anita \_\_\_\_\_ a book. Her husband and the children \_\_\_\_\_ in the water. Anita \_\_\_\_\_ a picnic for them to eat at the beach. When everyone \_\_\_\_\_ hungry, they \_\_\_\_\_ the cooler and \_\_\_\_\_ lunch. They \_\_\_\_\_ sandwiches, salad, potato chips and fruit. After lunch they \_\_\_\_\_ very full and a little sleepy so they \_\_\_\_\_ a nap. In the afternoon they \_\_\_\_\_ a walk on the beach. They \_\_\_\_\_ many people there. Some people \_\_\_\_\_ swimming. Some \_\_\_\_\_ sunbathing. Some \_\_\_\_\_ flying kites. Some \_\_\_\_\_ playing volleyball. Some \_\_\_\_\_ playing Frisbee. The beach is very lively on Sundays. They all \_\_\_\_\_ a good day at the beach. But, when they \_\_\_\_\_ home that evening they \_\_\_\_\_ all tired, so they all \_\_\_\_\_ to bed early. The children \_\_\_\_\_ to bed at nine o'clock. Anita and her husband \_\_\_\_\_ at bed at ten o'clock.