

Beth: Why is your grandmother **sweating profusely**? Is she sick?

Amanda: No. She's very healthy. She was just exercising. She just climbed 25 **flights** of stairs.

Beth: Your grandmother is **over 90 years old**! Why is she exercising so much?

Amanda: She's **training** hard to **strengthen** her body because she plans to climb a mountain.

Beth: Wow! Your grandmother is **amazing**! Why does she want to climb a mountain?



Amanda: She says that **elderly** people need to have fun and enjoy their lives.

- ❖ Who is the oldest person that you know? How old is he/she? (He/She is over _____ years old.)
- ❖ When do people sweat profusely?
- ❖ How can you strengthen your body?
- ❖ "Elderly" is a polite way to say "old." Can you think of any other "polite" words in English?

Fill in the blanks below with words from the dialogue above.

My grandmother is _____! She is _____ 100 years old, but she still exercises every day. She walks up 20 _____ of stairs every afternoon because she wants to _____ her body. Every time I see her, she is sweating _____. She is the most amazing _____ person that I know.

Write an adverb in each blank to complete each sentence. (Each sentence should **make sense!**)

1. Rabbits can jump very _____.
2. That baby is crying so _____.
3. Jack was driving too _____, so the police officer gave him a ticket.
4. Please don't talk so _____. Some people are still taking a test.
5. The roads are very wet, so please drive _____.
6. You are speaking too _____; I can't hear you!
7. After Jessica had a fight with her friend, she walked home _____.
8. Wow! I didn't know your sister could sing so _____.
9. My English teacher talks too _____, so he is very hard to understand.
10. You should write your homework _____ so you don't make mistakes.