

# THE READING

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

Woodland gives children in cities better mental health and thinking skills. Researchers said a natural environment is important for a child's development. The researchers said seeing and hearing the sounds of nature helps the mental health of children in and improves their learning.

Researchers studied children at 31 schools in London over four years. They looked at how woodland affected children's health.

Children near woodland got higher scores on tests. They also had a lower risk of behavioural problems. A researcher said children should enjoy "the sights, sounds and smells of a forest" every day.

Sources: <https://www.nature.com/articles/s41893-021-00751-1.epdf>  
<https://edition.cnn.com/2021/07/20/health/woodland-children-wellness-scn-intl-scli-gbr/index.html>  
<https://phys.org/news/2021-07-woodlands-good-children-young-people.html>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2107/210723-woodland-0.html>

## PARAGRAPH ONE:

- |                             |                |
|-----------------------------|----------------|
| 1. better mental            | a. and hearing |
| 2. thinking                 | b. important   |
| 3. a natural environment is | c. learning    |
| 4. a child's                | d. health      |
| 5. seeing                   | e. development |
| 6. the sounds               | f. of children |
| 7. the mental health        | g. skills      |
| 8. improves their           | h. of nature   |

## PARAGRAPH TWO:

- |                                 |                        |
|---------------------------------|------------------------|
| 1. Researchers studied children | a. problems            |
| 2. how woodland affected        | b. on tests            |
| 3. Children near                | c. enjoy the sights    |
| 4. higher scores                | d. children's health   |
| 5. They also had a lower        | e. smells of a forests |
| 6. behavioural                  | f. at 31 schools       |
| 7. children should              | g. risk                |
| 8. sounds and                   | h. woodland            |

# LISTEN AND FILL IN THE GAPS

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Woodland gives children (1) \_\_\_\_\_ mental health and thinking skills. Researchers (2) \_\_\_\_\_ environment (3) \_\_\_\_\_ a child's development. The researchers said (4) \_\_\_\_\_ the sounds of nature (5) \_\_\_\_\_ health of children in and (6) \_\_\_\_\_.

Researchers (7) \_\_\_\_\_ 31 schools in London over four years. They (8) \_\_\_\_\_ woodland affected children's health. Children (9) \_\_\_\_\_ higher scores on tests. They also had (10) \_\_\_\_\_ of behavioural problems. A researcher said (11) \_\_\_\_\_ "the sights, sounds and smells of a (12) \_\_\_\_\_".

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_

*Woodland gives city kids better mental health – 23rd July, 2021*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_