

# THE ARTICLE

From <https://breakingnewsenglish.com/2107/210715-dance-music.html>

Gyms and fitness clubs in and around South Korea's capital Seoul now have a limit on what kind of music they can play. The government has set a maximum speed on the tunes allowed. This is to limit the spread of Covid-19. There are the beginnings of a new coronavirus wave in South Korea. The new measures are to stop people breathing too quickly or splashing sweat on each other. Health officials have told gyms not to play music with a tempo higher than 120 beats per minute (bpm). The songs Bad Romance by Lady Gaga and Le Freak by the group Chic fall just under the limit at 119 bpm. K-pop fans will be relieved to know they can work out to BTS. The BTS hit Dynamite is around 115 bpm.

South Korea's Prime Minister Kim Boo-kyum warned the nation that the country had reached "maximum crisis level". President Moon Jae-in said he felt sorry for business owners affected by the rules. He said: "I can't help but feel very sorry to once again ask the citizens for a little more patience." Many gym owners are unhappy with the new rules. One said: "My biggest question is whether playing classical music or songs by BTS has been proved to have any impact on spreading the virus." He asked: "Many people use their own earphones...these days, so how do you control their playlists?" Another new rule is that treadmills will be limited to a maximum speed of 6kph.

Sources: <https://www.bbc.com/news/world-asia-57798520>  
<https://www.theguardian.com/world/2021/jul/12/no-gangnam-style-south-korea-covid-rules-enforce-slower-music-gyms>  
<http://www.koreaherald.com/view.php?ud=20210712000804>

# VOCABULARY MATCHING

## Paragraph 1

- |             |  |
|-------------|--|
| 1. fitness  | a. The water that comes out of our body when it is hot, when we exercise, or when we have a fever. |
| 2. capital  | b. A point or level beyond which something does not go over.                                       |
| 3. limit    | c. The most important city or town of a country or region - usually where the government is.       |
| 4. wave     | d. To do physical exercise.  |
| 5. sweat    | e. Being physically fit and healthy.   |
| 6. relieved | f. A sudden increase of something, or an increase in an emotion.                                   |
| 7. work out | g. No longer feeling worried.  |

## Paragraph 2

- |               |   |
|---------------|---|
| 8. warned     | h. Influenced or touched by something.  |
| 9. maximum    | i. The effect or influence of one person, thing, or action, on another.                 |
| 10. crisis    | j. A person who is a legal member of a country.   |
| 11. affected  | k. The highest level of amount allowed.   |
| 12. citizen   | l. An exercise machine that you can run or walk on.                                     |
| 13. impact    | m. Tell someone about possible danger, problems, or other bad things that might happen. |
| 14. treadmill | n. A time of great difficulty, trouble, or danger.                                      |

# BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2107/210715-dance-music.html>

**1. TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

1. Gyms have a music speed limit in Seoul, but fitness clubs do not. **T / F**
2. Music companies set the limit of the speed of songs allowed in gyms. **T / F**
3. The limit on music speed is to stop people splashing sweat on others. **T / F**
4. All BTS songs are now too fast to be played in gyms in Seoul. **T / F**
5. S. Korea's prime minister said his country was a maximum crisis level. **T / F**
6. S. Korea's president said he felt sorry for users of gyms. **T / F**
7. A gym owner questioned whether fast music caused Covid-19 to spread. **T / F**
8. There is also a 6kph limit on the speed of treadmills in gyms. **T / F**

**2. SYNONYM MATCH:** (The words in **bold** are from the news article.)

- |                      |                 |
|----------------------|-----------------|
| 1. <b>limit</b>      | a. actions      |
| 2. <b>maximum</b>    | b. chart-topper |
| 3. <b>beginnings</b> | c. restricted   |
| 4. <b>measures</b>   | d. start        |
| 5. <b>hit</b>        | e. tolerance    |
| 6. <b>nation</b>     | f. ceiling      |
| 7. <b>crisis</b>     | g. impacted     |
| 8. <b>affected</b>   | h. emergency    |
| 9. <b>patience</b>   | i. top          |
| 10. <b>limited</b>   | j. country      |

**3. PHRASE MATCH:** (Sometimes more than one choice is possible.)

- |   |                         |
|---|-------------------------|
| 1. The government has set a maximum       | a. level                |
| 2. stop people breathing too              | b. these days           |
| 3. a tempo higher than                    | c. around 115 bpm       |
| 4. K-pop fans will                        | d. speed                |
| 5. The BTS hit Dynamite is                | e. patience             |
| 6. the country had reached maximum crisis | f. 120 beats per minute |
| 7. he felt sorry                          | g. the virus            |
| 8. ask the citizens for a little more     | h. be relieved          |
| 9. have any impact on spreading           | i. for business owners  |
| 10. people use their own earphones        | j. quickly              |

# MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2107/210715-dance-music.html>

- 1) Where in South Korea are gyms not allowed to play fast music?
  - a) villages
  - b) near hospitals
  - c) in and around Seoul
  - d) near airports
- 2) What are the measures designed to stop people doing too quickly?
  - a) breathing
  - b) talking
  - c) press-ups
  - d) sit-ups
- 3) What is the fastest speed at which gyms can play songs?
  - a) 115bpm
  - b) 120bpm
  - c) 125bpm
  - d) 130bpm
- 4) How does the article say fans of the group BTS will feel?
  - a) angry
  - b) happy
  - c) bored
  - d) relieved
- 5) How fast is the BTS hit song "Dynamite"?
  - a) 121bpm
  - b) 118bpm
  - c) 115bpm
  - d) 111bpm
- 6) Who did South Korea's president feel sorry for?
  - a) gym users
  - b) gym owners
  - c) BTS
  - d) the prime minister
- 7) Who is unhappy with the new rules?
  - a) the prime minister
  - b) BTS
  - c) the president
  - d) many gym owners
- 8) What did a gym owner suggest might not spread the virus?
  - a) weigh machines
  - b) classical music
  - c) swimming pools
  - d) chatting
- 9) What do many people use in gyms these days?
  - a) rowing machines
  - b) their own earphones
  - c) drugs
  - d) bathroom scales
- 10) What is there a new limit of 6kph for?
  - a) treadmills
  - b) talking
  - c) swimming
  - d) driving

## DANCE MUSIC DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'dance'?
3. How much do you like dancing?
4. What do you think of gyms and fitness clubs?
5. What music do you like to dance to?
6. What do you think of the new rules in the gyms?
7. How is the coronavirus situation in your country?
8. Do you like uptempo or slow tempo songs?
9. What do you know about K-pop?
10. What is your favourite kind of music?

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## DANCE MUSIC DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'music'?
13. What do you think about what you read?
14. How sorry do you feel for business owners?
15. How much patience do you have?
16. Do you think slower songs will slow the spread of Covid-19?
17. What kinds of earphones do you like?
18. What do you like to do in a gym?
19. What can you do to limit the spread of coronavirus?
20. What questions would you like to ask a coronavirus expert?