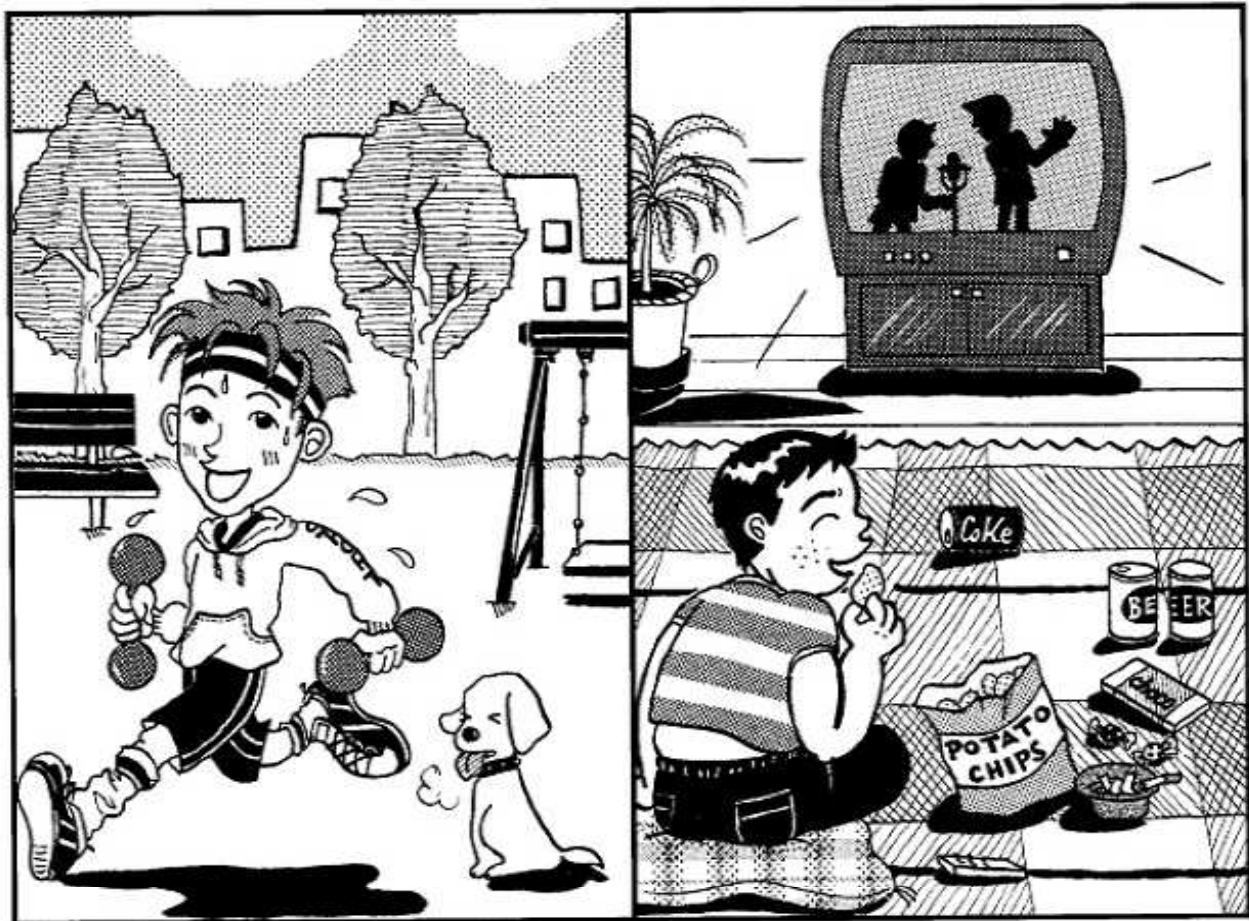


13 Health



Talk about it

1. What is the person on the left doing to keep healthy?
2. Do you think the person on the right is healthy? Why? Why not?
3. What is the person on the left carrying?
4. Which person do you think you are most like? Why?
5. Is anyone in your family like either of these people?
6. What is the person on the left wearing?
7. Where is he jogging?
8. What objects can you see on the living room floor?
9. What kind of show do you think he is watching?
10. In the left picture, what can you see in the background?
11. Do you think you are healthy? Why? Why not?
12. Have you ever seen a doctor? If yes, why?
13. How much sleep do you usually get?
14. Is there a lot of stress in your life? If yes, why?
15. Which is better, your mental or physical health?
16. Is being in good health the most important thing in your life?
17. Do you have any unhealthy habits? If yes, what are they? How often do you do them?
Do you think you can change your lifestyle? Why? Why not?
18. Is the environment you live in healthy? Why? Why not?
19. Do you take vitamin tablets? Why? Why not?
20. What can you do to make your life more healthy? What age would you like to live to?

Match it

sneezing
hangoverbroke
bloodtablets
stomachtemperature
coughingpatients
sick

- I had to take two _____ for my headache.
- He's always _____ because he smokes too much.
- He's very hot because he has a very high _____.
- His _____ type is "A."
- She drank too much beer last night, so today she has a _____.
- I'm _____ a lot because I have a terrible cold.
- I fell off the ladder and _____ my leg.
- You go to the doctor when you feel _____.
- The nurse took care of the _____.
- She has an upset _____ because the food wasn't fresh.

Ask it

- _____ ?
Yes, I used to be a heavy smoker.
- _____ ?
Eating fish is healthy for you.
- _____ ?
Yes, I know how to do first aid.
- _____ ?
Influenza is more serious than a cold.
- _____ ?
I can't work because I have a headache.
- _____ ?
You should take aspirin for a headache.
- _____ ?
I last went to the doctor two years ago.
- _____ ?
Salads are healthier than hamburgers.
- _____ ?
Yes, I'm trying to cut down on alcohol.
- _____ ?
I take four vitamin tablets a day.

Finish it

- Where _____ ?
Sick people stay in the _____.
- What _____ ?
Someone who can't see is _____.
- Why _____ ?
Because I want to _____ weight.
- When _____ ?
You suffer from _____ fever in the spring.
- What _____ ?
Smoking can cause _____.
- How _____ ?
Malaria is spread by a _____.
- Where _____ ?
Your _____ is checked at the opticians.
- What _____ ?
The nation with the greatest life expectancy is _____.
- Where _____ ?
If you have a _____ you go to the dentist.
- What _____ ?
Someone who can't hear is _____.