

# THE ARTICLE

From <https://breakingnewsenglish.com/2105/210528-bad-dream.html>

A man decided not to climb Mount Everest because he had a bad dream from the "Mountain Goddess". The man is a 51-year-old Nepalese Sherpa called Kami Rita. He is not any ordinary mountain climber. He is already the record holder for climbing Mount Everest the most times. He climbed the world's highest peak for a record 25th time earlier this month. He told reporters: "I was making my 26th attempt and had reached Camp Three, but the weather turned bad and I had a really bad dream. The gods were telling me not to go and because I really believe in God, I decided to return." He added: "I take orders from goddesses". Mr Rita did not give any more details about what was in his dream.

Kami Rita is a climbing legend and a hero in the Himalayan nation of Nepal. He has the nickname Snow Leopard because of his decades of experiences in climbing Everest and other mountains. He first scaled Everest in 1994 and has done the climb nearly every year since then. He said he would make another attempt at the climb in 2022, saying: "I felt the Goddess did not want me to go up again this year. After receiving the signals, I returned to Kathmandu. I will go back again next year to complete my dream." The Sherpa people believe Everest is a goddess. They take part in a religious ceremony to pay their respects to the mountain and to have good luck before starting a climb.

Sources: <https://abcnews.go.com/Sports/wireStory/bad-dream-stopped-everest-guide-climbing-peak-26th-77888354>  
[https://www.huffpost.com/entry/kami-rita-bad-dream-mount-everest\\_n\\_60ad273ce4b0d45b752efba8](https://www.huffpost.com/entry/kami-rita-bad-dream-mount-everest_n_60ad273ce4b0d45b752efba8)  
<https://www.aninews.in/news/world/asia/record-breaking-sherpa-halts-attempt-to-scale-everest-for-26th-time-says-mountain-goddess-warned-him20210525202202/>

# VOCABULARY MATCHING

## Paragraph 1

- |             |  |
|-------------|--|
| 1. decided  | a. The best performance or effort in a particular area of activity.              |
| 2. ordinary | b. Statements telling someone what to do.  |
| 3. record   | c. Made a choice from a number of options.                                       |
| 4. peak     | d. Normal.   |
| 5. reporter | e. The pointed top of a mountain.  |
| 6. orders   | f. A person who creates news stories and interviews people for newspapers or TV. |
| 7. details  | g. Small facts or pieces of information.   |

## Paragraph 2

- |              |  |
|--------------|--|
| 8. legend    | h. Climbed.  |
| 9. hero      | i. A very famous person, especially in a particular field.   |
| 10. nickname | j. A period of ten years.  |
| 11. decade   | k. A formal religious or public event, usually one celebrating a particular event or anniversary.                |
| 12. scaled   | l. A person who is loved and admired for courage or for doing great things.                                      |
| 13. ceremony | m. A feeling of deep admiration for someone or something because of their abilities, qualities, or achievements. |
| 14. respect  | n. A name given to a person or thing instead of the real name.   |

# BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2105/210528-bad-dream.html>

## 1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. A man had a terrible nightmare that stopped him climbing a mountain. **T / F**
2. The man has climbed Mount Everest over 24 times. **T / F**
3. The man said the weather was perfect for mountain climbing. **T / F**
4. The man told reporters all about his dream in great detail. **T / F**
5. The man's nickname is Snow Lion. **T / F**
6. The man climbed Everest for the first time in 1994. **T / F**
7. The man has scaled Everest nearly every year since 1994. **T / F**
8. Sherpa people take part in a religious ceremony to have good luck. **T / F**

## 2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- |                     |                |
|---------------------|----------------|
| 1. <b>climb</b>     | a. pretty much |
| 2. <b>ordinary</b>  | b. try         |
| 3. <b>peak</b>      | c. country     |
| 4. <b>attempt</b>   | d. mountain    |
| 5. <b>return</b>    | e. fortune     |
| 6. <b>nation</b>    | f. scale       |
| 7. <b>nearly</b>    | g. join        |
| 8. <b>signals</b>   | h. go back     |
| 9. <b>take part</b> | i. normal      |
| 10. <b>luck</b>     | j. signs       |

## 3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- |                                   |                                |
|-----------------------------------|--------------------------------|
| 1. He is not any                  | a. Snow Leopard                |
| 2. climbing Mount Everest the     | b. peak for a record 25th time |
| 3. He climbed the world's highest | c. respects to the mountain    |
| 4. the weather                    | d. since then                  |
| 5. Mr Rita did not give any       | e. turned bad                  |
| 6. Rita is a climbing legend and  | f. ordinary mountain climber   |
| 7. He has the nickname            | g. back again next year        |
| 8. nearly every year              | h. most times                  |
| 9. I will go                      | i. more details                |
| 10. pay their                     | j. a hero                      |

# COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2105/210528-bad-dream.html>

1. How old is Kami Rita?
2. How many times has Kami Rita climbed Mount Everest?
3. What became bad as Mr Rita was climbing?
4. Who was telling Mr Rita not to carry on?
5. What did Mr Rita not give details about?
6. What is Mr Rita's nickname?
7. When did Mr Rita first climb Mount Everest?
8. Where did Mr Rita return to?
9. Who believes Mount Everest is a goddess?
10. What do people pay before climbing Mount Everest?



# BAD DREAMS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'dream'?
3. What do you know about Mount Everest?
4. How often do you have a bad dream?
5. What do bad dreams mean?
6. Have you ever changed a plan because of a bad dream?
7. Have you ever had a nightmare?
8. What do you think of mountain climbing?
9. Would you like to climb Mount Everest?
10. What advice do you have for Kami Rita?

*Bad dream stops climber's record Everest climb – 28th May, 2021*  
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# BAD DREAMS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'mountain'?
13. What do you think about what you read?
14. What do you know about Sherpas?
15. What do you know about Nepal?
16. Do you have a nickname?
17. Do you have any big dream that you want to complete?
18. Should we all respect things in nature as belonging to the gods?
19. How often do you remember your dreams?
20. What questions would you like to ask Kami Rita?